

**TRUCKEE-DONNER RECREATION AND PARK DISTRICT  
REGISTRATION FORM  
AGREEMENT, WAIVER, AND RELEASE  
ACTIVITY: TRACK AND FITNESS CENTER -  
USE OF TRACK, FITNESS AREA, AND EXERCISE EQUIPMENT  
CALENDAR YEAR 2010**

All adults must sign and complete an individual waiver form. Parents must sign the parental consent form below and complete the emergency information on the reverse.

PARTICIPANT NAME	BIRTH DATE

DAY PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ NIGHT PHONE: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

PHYSICAL ADDRESS (IF DIFFERENT): \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email address: \_\_\_\_\_ County of Residence: Nevada Placer Other

Optional: Visa/MasterCard # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

**AGREEMENT, WAIVER AND RELEASE**

In consideration for being permitted by the Truckee-Donner Recreation and Park District to participate in the above activity(ies), I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the Truckee-Donner Recreation and Park District, (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity.

**Parental Consent (to be completed and signed by parent/guardian if applicant is under 18 years of age)**

I hereby consent that my son/daughter, \_\_\_\_\_, participate in the above activity, and I hereby execute the above Agreement, Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE TRUCKEE-DONNER RECREATION AND PARK DISTRICT AND I SIGN IT OF MY FREE WILL.**

Signature \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**PARENTS: PLEASE COMPLETE EMERGENCY INFORMATION ON REVERSE**